


	Lunes	Martes	Miercoles	Jueves	Viernes	Sabado
07:00	crosstraining Open Box	crosstraining Open Box	crosstraining Open Box	Endurance Open Box	Strongman Open Box	
08:00	crosstraining Open Box	Gimnásticos Prmc. Open Box	crosstraining Open Box	Haltero Novel/Med Open Box	Strongman Open Box	
09:00	Open Box	Open Box	Open Box	Open Box	Open Box	Open Box
09:30	crosstraining Open Box	crosstraining Open Box	crosstraining Body Training	Endurance Open Box	Strongman Open Box	Open Box
10:30 11:30 12:30	Open Box	Open Box	Open Box	Open Box	Open Box	
13:30	crosstraining Open Box	crosstraining Open Box	crosstraining Open Box	Endurance Open Box		
14:30	cerrado	cerrado	cerrado	cerrado	cerrado	
15:30 a 16:30	cerrado	cerrado	cerrado	cerrado	cerrado	
17:00	crosstraining Open Box	cerrado	crosstraining Open Box	cerrado	Strongman Open Box	16:00
17:30	crosstraining crosskids	crosstraining Open Box	crosstraining crosskids	Body Training Endurance	Gimnásticos Prmc. Open Box	17:00
18:30	crosstraining Open Box	crosstraining Open Box	Haltero. Avnz. Open Box	Endurance Open Box	Strongman Open Box	18:00
19:30	Halterof. Novel Open Box	Gimnást Med/Avnz Body Training	crosstraining Open Box	Gimnást Med Mobility	Strongman Open Box	19:00
20:30	crosstraining Open Box	crosstraining Halterof. medio	crosstraining Open Box	Endurance Open Box		20:00